



## **School Health & Safety Policy (PreK – 8<sup>th</sup>)**

### **A. Abuse**

In compliance with School Laws of Iowa and ACSB 4116.30, any certificated or licensed employee of St. Athanasius School who has a reasonable belief that a child under the age of 18 has been abused by a person responsible for the care of the child, as defined by law, shall report the suspected abuse verbally to Department of Human Services (DHS) within twenty-four hours and follow the verbal report with a written report on appropriate forms.

Employees will not commit acts of physical or sexual abuse, including inappropriate and intentional sexual behavior, toward students.

***St. Athanasius School is committed to protecting all students from all types of abuse. If you believe that a student is suffering from any type of abuse, please contact the principal or the Superintendent of Schools, so that this can be reported to trained investigators. This policy is in compliance with Iowa Code 280.17, School Rules of Iowa 281-102.1— 15 (280), ACSB 4116.30a & ACSB 4116.30b.***

### **B. Alcohol/Drug Policy**

The St. Athanasius Catholic School Board develops guidelines that are in accordance with ACSB 5144 and ACSB 5144.1 on student responsibility and discipline.

### **C. Asbestos**

Federal regulations and AFFC/ACSB #7113, require us to inform you that there is asbestos in the St. Athanasius Catholic School building. A certified asbestos inspector has inspected the building and all the asbestos found has been sealed and encapsulated. Asbestos was removed from the boiler room and kitchen office in 2013. Asbestos removal in the older section of the building was completed in 2017. The most recent inspection was in

### **D. Birthdays**

Student birthdays or half-birthdays are announced over the P.A. Students may bring birthday treats to share. Parents are encouraged to send a nutritious snack or even non-food items for birthday treats. Having gift items delivered to the school is discouraged. Any such items will be kept at the office until the end

of the school day to avoid any disruptive effect on other students.

**E. Blood Borne Diseases**

Children diagnosed as having any blood borne pathogen disease, or with laboratory evidence of infection with a blood borne pathogen associated virus (HILV-III/LAV) and receiving medical attention may attend classes in an unrestricted educational setting in accordance with ACSB #5141.2.

**F. Chemical Right to Know Law**

The Chemical Right to Know Law requires that all schools in the nation prepare a list of chemicals that are known to be present in their buildings and to maintain material safety data sheets (MSDS) on them. The law further states that all chemicals are to be appropriately labeled, storage areas are to be posted for the hazardous chemicals, and employees that work with the chemicals are to be trained in the safe handling of these chemicals. The school is also to acquaint the local fire department with the location of hazardous chemicals in the school. If you want to know what chemicals are used in the school and where they are stored please contact the principal.

**G. Intruder, Fire and Tornado Drills**

Unannounced drills are conducted at various times during the year in accordance with Iowa codes. Students are expected to leave in an orderly fashion, without talking, according to the directions of the teacher and return the same way. State law requires two intruder drills, four tornado drills and four fire drills each year.

**H. IMMUNIZATIONS - [Free Immunizations](#)**

Iowa law [requires students to receive vaccinations](#) to enroll in schools, including receiving the polio, measles, hepatitis B, varicella and meningococcal vaccines while in the K-12 school system. However, families have the ability to opt out from these requirements if vaccinating their child “conflicts with a genuine and sincere religious belief.” The law does not require families to obtain a waiver or specify their religion to claim the exemption.

Medical exemptions can also be granted by a physician, physician assistant, or nurse practitioner who finds a required vaccination would be harmful to the health and well-being of the child or a member of their family.

[Certificate of Immunization](#)

[Medical Certificate of Immunization Exemption](#)

[Religious Certificate of Immunization Exemption](#)

[Provisional Certificate of Immunization](#)

[Alternate Certificate of Immunization](#)

Iowa language: Documentation of a valid Certificate of Immunization Exemption (Religious or Medical) or Provisional Certificate of Immunization may be submitted in lieu of a Certificate of Immunization.

**I. Lead in the Drinking Water**

During 1991 all schools of the Archdiocese were tested for lead in the drinking water. The test results indicated the lead levels were below the established safety levels. Based upon these results and the rules of the Iowa Department of Public Health no additional testing for lead needs to be done at this time.

**J. Lice and Scabies infestations**

Upon receiving notice of suspected cases, the school examines the child to confirm the report. If confirmed, a school-wide check will be done. All students with confirmed cases will be sent home with a note explaining treatment or medical referral. If a school age child becomes infested, the child must be kept home and given proper treatment. He/she must be free of infestation before returning to school. Readmission to school will be allowed 24 hours after treatment (or with a note from a doctor). The student will be checked by school personnel before returning to the classroom. Repeat treatment is recommended in 7-10 days. Rechecks of infested students are conducted.

**K. Medication**

Dispensing of prescription drugs will be administered by a nurse or designated party with training and with the written consent of parent(s). A physician's signed, dated authorization including the name of the student, physician, medication, dosage, and medication schedule must be given to the school on or with the original container. A record of each dose of medication administered will be documented in the pupil's health record. Students utilizing asthma or airway constricting prescription medication are allowed to administer their own dosage provided a completed consent form is on file in the school's office. Contraceptives will not be dispensed.

Dispensing of non-prescription drugs may occur, provided the parents have signed and dated an authorization identifying medication, dosage, and time interval to be administered (ACSB Policy #5141).

**L. Wellness Policy**

St. Athanasius School strives to educate the whole person in mind, body and soul. While educating students about the body, we strive to develop a profound reverence for the great gift of life, their own lives and the lives of others, along with readiness to spend themselves in serving all that preserves and enhances life. St. Athanasius School strives to maintain a learning and working environment that promotes and protects children's health, well-being and ability to learn by supporting healthy eating and physical activity. Archdiocesan Board of Education Policy #6145

St. Athanasius School supports and promotes proper dietary habits contributing to students' health status and academic performance. Foods available on school grounds

and at school sponsored activities during the instructional day should meet or exceed St. Athanasius School nutrition standards. Foods should be served with consideration toward nutritional integrity, variety, appeal, taste, safety and packaging to ensure high-quality meals. St. Athanasius School has developed a local wellness committee composed of representatives of administration, parents, students and leaders in food/exercise authority and employees. The local wellness committee has developed a plan to implement and measure the wellness policy and

#### **M. School Meals**

Breakfast and lunch are available through the school nutrition program.

Free and reduced lunches are available through the program. Applications are welcome anytime during the school year.

Meals served through the National School Lunch and Breakfast Programs will:

- be appealing and attractive to students
- be served in clean and pleasant settings
- meet nutrition requirements established by local, state and federal law
- include a variety of fruits and vegetables and menu choices
- Family account balances are available on PowerSchool.

#### **N. Breakfast**

To ensure that all students have breakfast either at home or at school in order to meet their nutritional needs and enhance their ability to learn, St. Athanasius School will:

- Have the School Breakfast Program from 7:45 - 8:05 a.m. M-F.

Visitors: Please call the school office by 7:30 a.m. to join your student(s) for breakfast. 8:30 to join for lunch. You will need to check into the office and pay the secretary for your meal.

#### **O. Physical Education**

Wellness education is an important and integral part of the education of students at St. Athanasius School. All students in grades K-8 will receive a minimum of 60 minutes/week of physical education for the entire school year.

St. Athanasius School will provide wellness education that:

- Includes all students participating at a moderate to vigorous activity level at least 75 % of PE class.
- meets regularly for the scheduled period of time.
- is taught by a certified physical education teacher.

**P. Daily Recess**

St. Athanasius school offers daily recess for students. Recess encourages moderate to vigorous physical activity verbally and through the provision of space and equipment. Recess will be conducted outside unless it is raining, wet or the outside temperature is 10 degrees or below due to the actual air temperature, (real feel) wind-chill or a combination of both. Students in grades PreK-5 will participate for at least 15 minutes a day. Middle school students will participate in at least 10 minutes of supervised recess per day.

**Q. Radon Testing**

During 1991 all schools of the Archdiocese were tested for radon. The test results indicated the rooms were below the established safety levels. Based upon these results and the rules of the Iowa Department of Public Health no additional testing for radon needs to be done at this time. The last test was on 9/23.

**R. Smoking / Smoke Free Campus**

St. Athanasius Catholic School has been designated a “Smoke Free Campus”. At no time will smoking or the use of any tobacco or all forms of non-FDA approved nicotine be permitted within the building or anywhere on school grounds.

**S. Visitors**

Students who request to have a visitor attend school with them should:

1. Receive permission from the teachers at least one day in advance.
2. On the day of the visit, visitors must sign in and out with the office.
3. Visitors are expected to abide by all school regulations and conduct themselves properly. Visitors must dress appropriately and in good taste. Extended visits by young children are discouraged.

