

# Illness Symptoms

If your child has any of the following symptoms with NO exposure to a positive case of Covid-19, please follow the return to school guidance listed for the symptoms. We ask parents to evaluate your child(ren) daily.

**High Risk Symptoms of Covid-19** – Please keep child home and seek medical care as soon as possible. Your doctor will advise as to the proper course of action. Contact the school for guidance on returning.

- NEW uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)
- Shortness of Breath or Difficulty Breathing
- NEW loss of smell or taste

**Low Risk Symptoms** - Still Requires Child to Stay Home until Symptoms have been resolved for at least 24 hours without medication.

- 100.4 degrees Fahrenheit or higher when taken by mouth
- Diarrhea, vomiting, or abdominal pain

Two or More of the Following Low Risk Symptoms Without Alternate Explanation - Requires child to stay home until symptoms have been resolved for at least 24 hours without medication.

- Cough (not New)
- Sore throat
- Headache
- Muscle/Body Ache
- Fatigue
- Runny Nose or Congestion

There are several health conditions/illnesses that will go around this school year that are NOT Covid-19. Some have very similar symptoms. If you have any concerns about your child's health, please contact your doctor immediately.

**If your child has been exposed to someone with Covid-19, please contact the school as soon as possible as alternate instructions will be issued.**