



St. Athanasius Catholic School Lunch Menu | October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast Menu:</u>				
Cereal or Yogurt Parfait Fruit and Milk or Juice	French Toast or Muffin Fruit and Milk or Juice	Eggs and Toast Fruit and Milk or Juice	Cinnamon Roll or Long John Fruit and Milk or Juice	Breakfast Sandwich or Bowl Fruit and Milk or Juice
			Beef and Rice PB or Butter Sandwich Corn Fruit and Milk 1	Pizza Boats Tater Tots Green Beans Fruit and Milk 2
Chili with crackers Dinner Roll Romaine Lettuce, Carrots & Celery Fruit and Milk 5	Chicken Fried Rice Corn Cottage Cheese Fruit and Milk 6	Baked Potato Bar Ham, Cheese, Chili Broccoli Fruit and Milk 7	Spaghetti with sauce Breadstick Lettuce Fruit and Milk 8	Crispy Pork Patty on a bun French Fries Carrots Fruit and Milk 9
Pancakes, Sausage Tri-tater Applesauce or Apple Crisp Fruit and Milk 12	Meatball Subs Tater Tots Green Beans Fruit and Milk 13	Chicken Fajita Wraps Cheese, Peppers, Onions Salsa, Black Beans Fruit and Milk 14	Scalloped Potatoes & Ham PB or Butter Sandwich Carrots Fruit and Milk 15	Popcorn Chicken Mashed Potatoes & Gravy Corn Fruit and Milk 16
Crispy Pork Patty on a bun WG Chips Carrots & Celery Fruit and Milk 19	Hot Ham & Cheese Roasted Potatoes Corn Fruit and Milk 20	Lasagna Breadstick, Cottage Cheese Green Beans Fruit and Milk 21	Macaroni & Cheese PB or Butter Sandwich Carrots Fruit and Milk 22	Hot Dog on a bun Crinkle Fries Baked Beans Fruit and Milk 23
Italian Dunkers Marinara Sauce Potato Wedges, Lettuce Fruit and Milk 26	Taco Pasta PB or Butter Sandwich Corn Fruit and Milk 27	Orange Chicken WG Noodles Broccoli Fruit and Milk 28	Grilled Cheese Tomato Soup with crackers Romaine Lettuce Fruit and Milk 29	Ghoul-ash Witch Fingers Fruit and Milk 30



Contact us for your next:

**Private Party
Special Event or Catering Needs**

 319-230-8679
mickey_ds_pizza@yahoo.com

Menu subject to change.
“This institution is an
equal opportunity provider.”

Lunch schedule is sponsored by the featured
supporting business.