



St. Athanasius Catholic School Lunch Menu | October 2025

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<u>Breakfast</u> Cereal or Yogurt Parfait Fruit and Milk/Juice	French Toast or Muffin Fruit and Milk/Juice	Breakfast Burrito or Toast Fruit and Milk/Juice	Long John or Cinnamon Roll Fruit and Milk/Juice	Breakfast Sandwich Fruit and Milk/Juice
  6	  7	Turkey/Ham Sandwich, Whole Grain Chips, Cookie, Fruit/Milk 1	Beef-N-Noodles, PB/B Sandwich, Green Beans, Fruit/Milk 2	Hot Dogs, Tots, Lettuce, Fruit/Milk 3 
 6	Italian Chicken Pasta, PB/B Sandwich, Broccoli, Fruit/Milk 7	Grilled Cheese, Tomato Soup, Crackers, Carrots/Celery Fruit/Milk 8	Orange Chicken, Rice, Stir Fry Veggies, Fruit/Milk 9	Pizza Boats, Lettuce, Cucumbers, Tomatoes, & Carrots Fruit/Milk 10
Beef-N-Gravy, Mashed Potatoes, Bun, Corn, Fruit/Milk 13	Chicken Tenders, Carrots, Cottage Cheese, Cookie, Fruit/Milk 14	Lasagna, Breadsticks, Romaine Lettuce, Fruit/Milk 15	Scalloped Potatoes, Ham, PB/B Sandwich, Green Beans, Fruit/Milk 16	Chicken Fajitas Peppers & Onions Lettuce, Cheese, Salsa, Black Beans Fruit/Milk 17
Turkey & Ham Sub, Waffle Fries, Cottage Cheese, Baked Beans, Fruit/Milk 20 	Garlic Chicken Bites, Rice, Stir Fry Veggies, Fruit/Milk 21	Pancakes, Sausage, Tri-Tators, Apple Crisp Fruit/Milk 22	Sloppy Joes, Crinkle Fries, Corn, Fruit/Milk 23	Taco Bake, Lettuce, Salsa, Cucumbers, Tomato, Fruit/Milk 24
Goulash, PB/B Sandwich, Green Beans, Fruit/Milk 27 	Hamburger, Bun, Curly Fries, Baked Beans Fruit/Milk 28	Stromboli, Broccoli, Cottage Cheese Fruit/Milk 29	Chili, Crackers, Whole Grain Bun, Romaine Lettuce Fruit/Milk 30	Mummy Dogs Corn Cake Fruit/Milk 



Contact us for your next:

**Private Party
Special Event or Catering Needs**

 **319-230-8679**
mickey_ds_pizza@yahoo.com

Menu subject to change.
“This institution is an
equal opportunity provider.”

Lunch schedule is sponsored by the featured
supporting business.