

September 2019

St. Athanasius School

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Cereal or Yogurt Parfait Fruit and Milk/Juice	French Toast or Muffin Fruit and Milk/Juice	Egg & Toast or Muffin Fruit and Milk/Juice	Cinnamon Roll or Long John Fruit and Milk/Juice	Egg & Cheese Sandwich or Yogurt Fruit and Milk/Juice
Labor Day No School 2	Tater Tot Casserole Corn PB/Butter Sandwich Fruit and Milk 3	Baked Chicken Breast Party Potatoes Green Beans Fruit and Milk 4	Chicken Ranch Pasta Broccoli PB/Butter Sandwich Fruit and Milk 5	Hot Ham & Cheese Sandwich Sweet Potato Fries Peas Fruit and Milk 6
Goulash Corn PB/Butter Sandwich Fruit and Milk 9	Orange Chicken Rice/ Stir Fry Vegetables Fruit and Milk 10	Pork Slice, Gravy Mashed Potatoes Bun Green Beans Fruit and Milk 11	Tuna and Noodles PB/Butter Sandwich Peas Fruit and Milk 12	Chicken Nuggets Tater Tots Carrots Fruit and Milk 13
Crispy Chicken Sandwich French Fries Carrots Fruit and Milk 16	Beef and Rice Broccoli PB/Butter Sandwich Fruit and Milk 17	Walking Tacos Cheese, Salsa Sour Cream, Lettuce Fruit and Milk 18	Sloppy Joes, Bun Hashbrown Corn Fruit and Milk 19	Popcorn Chicken Mashed Potatoes Baked Beans Fruit and Milk 20
Beef and Gravy Mashed Potatoes Green Beans Butter Sandwich Fruit and Milk 23	Hot Dog/ Bun Sweet Potato Fries Corn Fruit and Milk 24	Stromboli Pepperoni Pizza Bread Lettuce Salad Fruit and Milk 25	Spaghetti w/ Meat Sauce Breadstick Broccoli Fruit and Milk 26	Italian Dunkers Sauce Wedges Baked Beans Fruit and Milk 27
Pancakes, Sausage Tri-tators Apple Crisp Milk 30				

Menu Subject to Change "This institution is an equal opportunity provider."